



Program

THE 19TH
STRESS RESEARCH
CONFERENCE
2023

Thursday, November 2nd, 2023



ABOUT

The conference aims to promote the exchange and discussion of new stress research and to coordinate and strengthen Danish stress research. We encourage all with interests in stress research to participate.

The conference is organised by the Copenhagen Stress Research Centre, which is a collaboration between the Department of Occupational and Environmental at Bispebjerg and Frederiksberg Hospital, Department of Public Health at Copenhagen University (Section of Epidemiology and Section of Social Medicine), the National Research Centre for the Working Environment, and TeamArbejdsliv ApS.


Follow [#StressResearchCPH](#) on LinkedIn to stay updated with our latest research, conferences, and other news. For more information and questions about the conference, please contact Vibeke Skibsrud, mail: vskioo02@regionh.dk.

KEYNOTE SPEAKERS

This year we are delighted to present 2 keynote speakers:

Nico Dragano is Professor and Director of the Institute of Medical Sociology, Heinrich Heine University Düsseldorf in Germany. Nico will speak about the causes of technostress at work and what can be done against it.

Morten Vejs Willert is Researcher at the Department of Occupational Medicine at Aarhus University Hospital. Morten will speak about stress management research in Denmark.





PROGRAM



09.00-09.20	Registration, networking and breakfast
09.20-09.30	Welcome
09.30-10.30	Keynote Speak Nico Dragano , Professor and Director of the Institute of Medical Sociology, Heinrich Heine University Düsseldorf, Germany: What causes technostress at work and what can be done against it?
10.30-10.45	Coffee Break
10.45-11.45	Oral presentations <ol style="list-style-type: none">1. Sandra Nielsen: Weekly changes in well-being among Danish employees from 2018 to 2022. Was there an effect of the COVID-19 pandemic?2. Louise Dalsager: Change in prevalent depressive disorder among Danish workers from 2012 to 20183. Johan Høy Jensen: Mental health and employment consequences among informal caregivers at work: a Danish nationwide register-study4. Bertina Kreshpaj: Childhood adversity and welfare utilization across social, health and justice domains: nationwide life course data on 500,000 individuals in the DANLIFE study
11.45-12.00	Poster teasers
12.00-13.00	Lunch and poster exhibition
13.00-14.00	Oral presentations <ol style="list-style-type: none">5. Lea Nørgaard Sørensen: Stop for Stress? Developing an online intervention for work-related stress6. Kathrine Sørensen: Adjusting for adverse life events as a confounder, when studying the association between leadership and risk of depressive and anxiety disorders7. Kirsten Nabe-Nielsen: Sleep duration and quality in permanent night work8. Jonas Christian Lunen: Exploring exposure to multiple psychosocial work factors: prospective associations with depression and sickness absence
14.00-14.20	Coffee Break
14.20-15.20	Keynote Speak Morten Vejs Willert , Researcher, Dept. of Occupational Medicine, Aarhus University Hospital: Stress management research in Denmark – past, present and future directions
15.20-15.30	Closing remarks





PARTICIPANTS

Researchers, students, policymakers, occupational health professionals, journalists, employee- and employers organizations, and others interested in the topic.

REGISTRATION

The participation fee is **700 DKK** (students: 200 DKK). Registration is binding and registered in the order of placement. Please note that the venue is limited to 96 participants. Participation is free for presenting authors.

Registration with **name, position, institution, and e-mail** of each participant must be mailed no later than October 29th, 2023, to **vskioo02@regionh.dk**.

We automatically send an electronic invoice to all registered delegates after the registration deadline. You are therefore requested to state one of the following numbers: Public employees: EAN number. Employees in companies without EAN number: CVR number. If you pay personally, please state your CPR number.

By registering, you consent to processing and storage of your personal information for the present and future Stress Research Conference promotions. Please let us know, if you do not wish to share your information on a participation list.

TIME AND VENUE

Thursday, November 2nd, 2023, from 9.00 to 15.30 in-person at
Nielsine Nielsen Auditoriet,
University of Copenhagen,
Mærsk Tårnet, Nørre Allé 6,
2200 Copenhagen N.

Get information about parking and directions via this **[link](#)**.





ORGANISATION

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